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Identification of factors that support return to work following work-related injury

When you returned to work, it may not have been easy. In fact, most people find returning to work is hard in one way or another. The following questions will help us understand what you found helpful about your workplace for you to return to work following time away due to your injury. Please provide as much detail as possible. There is no limit to the amount you can write. Don't worry about spelling or grammar either – we can read between most typos.

Prior to beginning this survey there is some important information for you to know. This study is being conducted by Ian Lewis in fulfilment of an MSc in Workplace Health and Wellbeing at the University of Nottingham, UK. Ian Lewis is a resident of Saskatchewan studying there. He can be contacted at msxil3@nottingham.ac.uk.

If you decide to take part you will be asked to complete an anonymous survey that should take no more than 15 minutes. You cannot be identified from your responses and nobody will know whether you have participated.

Following completion of the survey you can enter to win 1 of 5 [Amazon.ca](https://www.amazon.ca) gift cards as a thank you for participating. The draw will be made May 22 at 5pm.

Detailed information on the study is given in the Participant Information Sheet (https://drive.google.com/file/d/1TM-rsh28wpA18h9PZ6w8iTGqPNfYoNl8/view?usp=share_link) that you are invited to read before deciding whether or not to participate. Once you have read the participant information sheet, if you would like to continue the survey questions please continue below.

Consent questions

I have read and understood the Participant Information.

I agree to take part in an online survey about my experience returning to work following my work-related injury.

I know how to contact the researcher if I have questions about this study.

I understand that I am free to withdraw from the study without giving a reason.

I understand that once I have taken part it may not be technically possible to withdraw my data.

I give permission for my anonymous data from this study to be shared with other researchers in the future.

I understand that non-identifiable data from this study, including quotations might be used in academic research reports or publications.

I confirm that I am 18 years old or over.

I understand I can contact the researcher if I would like to receive a summary of the study findings.

By clicking the "Next" button below I indicate that I understand what the study involves and I agree to take part. If I do not want to participate, I can close this window without taking part.

Thank you for taking part! Now on to the survey.

1. Are you working now?

If yes, continues. If no, jumps to Q6

Yes

No

2. About how many months have you been back to work?

3. Are these the same amount of hours/week as you were working prior to your injury?

Yes

No

4. Are you now working more or less hours per week?

More

Less

5. Why are you working more or less hours/week than at the time of your injury?

Respondents working jumped to Q9 and completed remainder of survey

You indicated you are not presenting working

6. Why are you not working?

- Because of symptoms of my work-related injury
- Other

7. Had you returned to your regular hours/week at some point?

- Yes
- No I never returned to regular hours

8. About how many months were you working your regular hours before you stopped working?

After completing question 8, people not working jumped to Q15

You returned to work: what was the hardest part about returning to work?

9. Please provide as much detail as possible.

How did the following people help you return to work? How did they help?

Please provide as much detail as you feel will help us understand your situation.

10. Co-workers

11. Manager/supervisor

12. Employer

13. What could these people have done differently that would have made it easier for you to return to work?

14. If you have not mentioned it already, what was the most important factor in your successful return to work?

Please help us understand a little about you and your injury.

15. Was your work-related injury, as accepted by the Workers' Compensation Board (WCB)

- Mainly psychological (PTSD, trauma, harassment, etc.)
- Mainly physical (musculoskeletal injury, strain, etc.)

16. Which, if any of the WCB treatment programs did you receive?

- Secondary
- Tertiary
- Mental Health Program (psychologist and at least one other healthcare provider working together on the same team)
- Psychology only
- None of the above

17. How old are you now?

- Under 30
- 30 - 39 years old
- 40 - 49 years old
- 50 - 59 years old
- Over 60 years old

Following completion they were taken to a closing screen where they could enter a separate survey to enter for one of \$50 Amazon gift cards and receive a summary of results.

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